

Session 5

Change the Conversation

Connect

The facilitator will lay out on a table 20-30 of ONE of the following:

- *Rocks or pebbles*
- *Flowers*
- *Plastic animals*
- *Chocolates.*

We are going to give positive feedback to others. We will tell others the good things we see in them. Your job is to tell the person who is *two people to your right*.

Go to the table and select something which stands for a good quality you see in that person.

Then take turns. So, for example, the first person says to their friend: 'I chose this bright yellow flower because I think you bring happiness to a room. You are'

My Story

Last week we read the guide to help us prepare to tell a part of our story. We are going to tell about one episode from our story with God. (See Guide in previous section.)

OK, let's now enjoy each person's story.

When a member finishes their story, stay with it for a moment, and let it sink in. Quietness can be a way of loving too.

Then just say one thing: 'Thank you.' For example, 'Thank you for telling us your story.' Don't just leave it to the facilitator to say it. Let's all be involved.

Then the facilitator will ask the person who shared: 'Is there anything you would like us to do for you?' For example, a person might like others to pray for them.

Prayer

Now stand. Get in a closer circle. Have some spontaneous prayer.